

A self-guided tour in the majestic Swiss Alps (9 days / 8 nights).

The majestic Swiss Alps - is there any more that needs to be said? There is indeed! This walk takes in the central section of the famed Alpine Pass Route and passes through the legendary Bernese Oberland.

The walk is dominated by the majestic chain of Eiger, Mönch and Jungfrau. But of course in addition to these wondrous mountains you have the joy of small picturesque villages nestled amongst the alpine slopes or spread out on valley floors carved by age old glaciers. Steep slopes covered in forest lead to high mountainsides that in summer are awash with light - with views of towering white peaks and glistening lakes. Add to this the comfort and welcome of Swiss chalet hotels and you have the essence of the Bernese Oberland.

This walk follows sections of the Alpine Pass route which crosses Switzerland from Sargans in the east, to Montreux in the west. As the name suggests the route moves laterally from valley to valley by crossing over a number of spectacular and historically-important mountain passes - including the Jochpass and Kleine Scheidegg. Most of the passes exceed 2000m with some over 2500m—so there is a lot of ascent and descent each day. This route therefore is only for the fit and experienced walker. That said, it is worth every step!



Day 1.

Arrive in Engelberg at our base for the next two days. This is a lovely small town frequented mainly by the Swiss themselves and sitting at the foot of the spectacular Mt Titlis.

Relax for the evening by exploring the local countryside and the town itself, before a welcome dinner in our chalet hotel.

Day 4 (21km).

Today's walk will bring you over the Grosse Scheidegg. Starting from Meiringen, follow an easy track out of town climbing gradually to reach Zwirgi. Alternating gradients bring you along under the shadow of the imposing Wetterhorn before the final push up to the pass. You are justly rewarded with your first views of the Eiger and the Jungfrau region.

Day 2 (20km).

Our transport brings you to the small cable car at Attinghausen. Walk or take the cable car to Brüsti. From Brüsti follow a tricky path up towards Grat and Angistock before pushing onto the Surenenpass (2,291m).

Your route down is initially steep but then follows pastures nestling under towering cliffs and rushing waterfalls. Reach the valley and then follow easy paths through the forest back to your base in Engelberg.

Day 3 (19km).

Once again you start with a cable car ascent, this time up to the clear waters of Trübsee. Pass the lake and then follow a fairly direct line to the Jochpass (2,207m). Turn to head down to the sparkling Engstlensee and the Hotel Engstlenalp.

Descend via a narrow path to Baumgartenalp and then continue onward via rolling alps to the valley floor and Meiringen.

Take the easy descent down past the Obere Grindelwaldgletscher and continue on to Grindelwald.

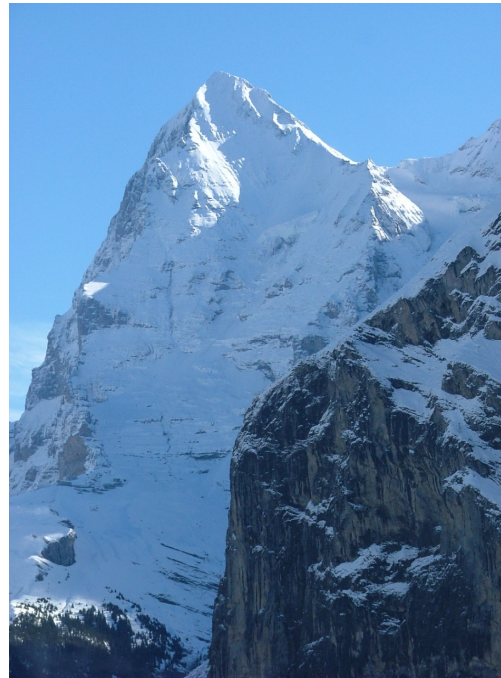
Day 5 (20km).

Today is a mixed day in that you have spectacular views of the Eiger, Mönch and Jungfrau - but you also meet the trainloads of tourists at the Kleine Scheidegg (2,061m). Follow the route via Brandegg and Alpiglen and enjoy the stunning views as you climb up to the Kleine Scheidegg. Take the longer but more rewarding route from here, down under the ramparts of the Mönch and Jungfrau.

On your descent through the forests to Wengen marvel at the awesome sight of the valley floor to your left - down almost sheer 800m cliffs (note - this is not your route down)!

Day 6 (10km).

Take the train all the way back up to the stunning Jungfraujoch and then return to Wengen or Lauterbrunnen and either walk or cable car your way to Murren.



Alternatively if walking, descend from Wengen and follow winding forest paths to the valley floor at Lauterbrunnen. Follow a steadily climbing path up from here via Grütschalp and Wintereggalp to Murren itself.

Day 7.

Transfer back to the airport or station for your return journey.

Overview

**Grade D
High Mountains**

7 Days (6 Nights)

Prices and Dates

Please see separate Pricing Sheet / Website.

Options

6 nights' accommodation, based on two adults sharing.

Meals consist of a full breakfast each day, packed lunch on walking days, and a two/three course meal each evening. Drinks are not included.

Luggage transfer each day, route description and maps.

Swiss Card provided which allows for a return ticket from the Swiss border or one of Switzerland's airports to your arrival and destination hotels. It also provides travel by train, bus, boat and many privately owned mountain railways for half the normal price.